



# PSYCHIC RESEARCH NEWSLETTER

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## YOU CAN HELP

We would appreciate your sending us information on any product, research, or idea that may have promise for healing or agricultural purposes. Please send to PROJECT FILE #7.

## LAB PROGRESS REPORT

### Observations of delayed action in the process of healing:

Working with a volunteer we found that there is a delayed reaction in energetic processing of healing energy which extended up to seven minutes. These responses were mechanically measured. The person charged the crystal with his basic rate, which was measured on a machine using the crystal as a witness. A healing mantra was sounded mentally and an increase in vibratory rate in the body was noted. This continued for about seven minutes before the readings stabilized. We had noted this previously in working with individual patients. After the healing, the vibratory rate of the individual continued to increase until it reached a steady plateau. It is very important that one not rush through the healing procedure after the completion of the clearing process. One should wait with the person for a period of time until the individual's period of vibration has come to a maximum. This can also be noted by changes in the pulse and tension of the skin. (The pulse lowers; the skin becomes more relaxed.) Please report your findings to P.R.I.

### Charging of water with a crystal:

We found that pure water charges at the same rate as the healing crystal. We recommend that practitioners try this for themselves. Have the patient hold a small vial of water in his hand during the treatment period. When the treatment is completed, have him drink this water to implant the patterns of thought that have been given to him. It is our feeling that this increases the degree of one's acceptance of the treatment and facilitates a permanent healing.

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# LECTURE SCHEDULE

CRYSTAL WORKSHOP, San Diego, California - October 27-28, 1984

The last lecture program by Marcel Vogel in 1984 is scheduled for October 27th and 28th in San Diego. This Crystal Workshop features a one-day beginner's program and a one-day advanced program. For details contact Warren or Carol Klausner at 619/294-9656.

## DO-IT-YOURSELF EXPERIMENTS

### EXPERIMENT FILE #4 - Detecting Energy in Water

One can detect moving bodies of water and above all, water charged with the intention of an individual. Get three plastic styrofoam cups. Half fill them with water. Dowse the three cups with your dowsing rods to show their neutrality. One cup is to be a control. Now grasp the second cup in your hands. Focus intently on the cup, directing the mind to place thoughts of love, joy, and happiness into the cup. Draw in a breath, holding the cup away from the body, and release the thoughts into the water. (Release the breath by expelling quickly through the nostrils.) Now with the third cup, think unpleasant and disagreeable thoughts, directing those thoughts into this third cup using a pulsed breath as described previously.

Now dowse the three cups. Do the dowsing rods directed at the positive cup move outward? Do the rods when directed at the negative cup move inward? Is the control cup still neutral? Taste the water in the cups. Are there any differences? Note any differences and consider what we do to food that is eaten while we are in conflict or when angry. We believe food can become a poison and difficult to digest. Please let us know the results of these experiments; we need your feedback.

### EXPERIMENT FILE #5 - Detection of the Charge on a Leaf Potentized by Thought

In our first Newsletter, Experiment File #1, we kept a leaf alive as long as we were able. This Experiment File #5 uses both leaves from that earlier experiment.

Dowse the leaf that was filled with love and the thought that it continue to live. Check it against the leaf which was rejected. Then dowse with the dowsing rods the ebb and flow of the vitality (energy) that is contained in both leaves. Test both leaves over time and note when energy no longer exists. Get going friends; there is much to learn! Please return your findings; we will process this information in a future Newsletter.

### EXPERIMENT FILE #6 - Charging Water with the Power of Mind

Hold a container of water in your hands and focus on it with your mind. Draw in your breath, then suddenly release it with the intention of charging the water. Measure this water with a gaussmeter or with dowsing rods. What happens? Next, draw in your breath, then release it with the intention of removing the charge. Now what happens? This experiment can be repeated many times using the same water. There is a direct correlation to magnetism of the field that the mind of an individual releases and stores in various solid or fluid bodies.

The teaching from this experiment is that the energy of mind is capable of being stored in the fluidic part of the body, primarily the blood stream, and that this information can be transmitted throughout the body. The act of the healer in the primary stage is to release these unwanted charges and bring the body back to an even balance. Then the energies can flow in a right and proper manner.



## Is it Possible to Purify Water Residing in Living Tissue?

The purification of water in tissue is one of the key areas of research facing P.R.I.. We intend to determine if healing occurs as a result of water purification in tissue. We must evaluate: 1. How toxins are removed; 2. How fluids are electrolytically balanced; and 3. Healing effects on other life forms. Please forward any references you might have in these areas to P.R.I. to help promote and unite this effort. Reference PROJECT FILE #8.

### PEOPLE PROFILES

DR. LEONARD LASKOW sold his obstetrics/gynecology practice to dedicate himself to a Holistic approach to health by using crystals. In March while in Maui, he and Marcel Vogel presented a lecture on crystals. At the Whole Life Expo in San Francisco, he presented a talk on bridging the gap between medicine and other therapies. This was followed by a trip to China, Tibet, and the Gobi Desert, via Russia. After a trip to Bali, Leonard will be working on research projects at the P.R.I. laboratory.

#### Dr. Laskow's Crystal Adventures Behind the Iron Curtain

Dr. Leonard Laskow, P.R.I. Board Member, recently returned from a quest through Tibet and the Gobi Desert. He had the opportunity to practice transformational healing on two traveling companions.

While riding the Trans-Siberian Railway, a businessman developed an abscessed molar. He had tried antibiotics and pain medications, with little relief. Since an available dentist was two days away he approached Laskow for help. Laskow began the procedure by asking the man if he was willing to deal with the information from the condition, and to release the infection and pain. Upon agreement, Dr. Laskow used his crystal to direct healing energies toward the sore jaw. To the man's astonishment, the pain instantly dissipated. Over the next few days the condition improved so much that he was able to avoid dental treatment altogether. He was so impressed with the treatment that he ordered a healing crystal to learn how to work on himself.

Before the group got off the train, another businessman asked for help with his lower back. He had been having pain in that area for five months with little relief from orthopedic and chiropractic treatments. While looking at the cause of the pain the man became aware that he was upset by carrying the burden of a large business. Once he became aware of this internal conflict and accepted responsibility for it, he began to sob and had a profound cathartic release. Working together, Laskow and the man then released the back pain. For the remainder of the trip he was free from pain.

Laskow buried activated (charged) crystals in the Gobi Desert and left others with people in Russia, China, and Tibet in an attempt to establish a planetary energy link.

One of his most unique "crystal encounters" occurred in a Tibetan library filled with tablets containing ancient knowledge. As Leonard was charging a crystal to receive information from the tablets, the chief lama came up to him speaking excitedly and pointing to the crystal. He snatched the crystal from Laskow's hand and held it up to his third eye, all the while chattering in Tibetan. With the help of his Tibetan guide, Laskow learned that crystals have a long tradition of metaphysical use in Tibet and were used by teachers to instruct their students. Apparently, ancient Tibetan and Chinese healers knew how to empower crystals and stones to transduce energy for helping people clear their physical problems. They also used the quick expulsion of breath to release energies from the etheric body.

Leonard Laskow had numerous personal insights on this trip. The most significant was that spiritual vitality has shifted from the East to the West and for the moment, it is ours to love, nurture, encourage.



# THE JOY LAKE MASTERS PROGRAM

The Joy Lake program, August 31-September 7, was designed to teach the loving use of crystals and of crystal devices for use in Transformational Healing.

Located in the heart of the Eastern Sierras at an elevation of 5,600 feet, the Joy Lake Community is situated on 80 acres adjacent to the Toiyabe National Forest, near Lake Tahoe. The mountain setting abounded with clean air and water. Nature was in harmony and balance, with birds, ducks, peacocks, and wild deer roaming freely. The program integrated the natural surroundings, as many sessions were held outside in the meadow, near the herbal gardens, or near the lake, while the large teaching yurt was used for inside instruction. Other yurts, which are nomadic-style domes of canvas with wood framing, also housed most participants. Natural foods and vegetarian meals lovingly prepared by a husband and wife team were served on the stone-laid patio adjoining the stagecoach house. The food energy became an essential link to the discoveries made in each of us.

The initial course on the art and science of loving, with the art of creative living, prepared the body, mind, and soul for Transformational Healing involvement. The balance of the program covered: 1. The subtle bodies of man; 2. Breath and breath control; 3. Thoughtform and thoughtform building; 4. The soul and its mechanism; and 5. New age healing with the healing crystal in conjunction with other devices. Afternoon laboratory sessions included the use of dowsing rods to determine the fields around an individual, the use of crystals to balance the bioenergetic fields, and crystal therapeutics. The therapeutics released stress and attached thoughtforms and rebuilt the subtle bodies.

An interesting question was posed: "Is the healing crystal necessary?" The answer: "Yes, until you become the crystal." The advantage of the crystal is that a methodology of preparation can be learned quickly; the real struggle is in the mind and heart of each person using this type of therapeutic intervention. We again stress the need for acting in a loving manner and having the sensitivity to know how far to go in a patient's treatment.

We were asked by several participants to describe the keys to successful crystal work:

1. To work with a specifically-cut healing crystal, you must discipline your emotions and fears, enabling you to remain neutral and calm when unforeseen or unusual activities occur in or around the person with whom you are working.
2. You must maintain a calm and loving, but detached attitude towards the person you are serving.
3. During crystal therapy you must breathe deeply, holding breath during the treatment, and releasing the breath properly.

In breath control and the depth of breathing one obtains the energy to help the person release unwanted patterns of thought, repression, feelings of rejection, or inadequacy. With this release, the emotions overflow, demonstrated by an intense outpouring of tears, occasionally a need for submersion in water, and/or an intense desire to be alone. These free will activities must be respected and permitted. Be patient during this process and allow the person to come back together when he feels ready.

Also during the program we explored the adverse effects on the human body of heavy metals (mercury, lead, nickel, tin, silver, and aluminum). We are continually being exposed to lead from auto exhaust, to aluminum from cooking and serving vessels, etc. These poisons were removed from the bodies of several individuals with the healing crystal.

Color and color enhancement applied through a crystal to the witness area also affected the physical body. With the gray filter, we found that the bodies of males would twist to the right; the bodies of females, to the left. This twisting and distortion caused by a color can be neutralized by adding a color which produces



an attractive or pulling action when projected. For example, when we projected to one man a proportion of red with the color gray, his twisting action ceased and he was balanced. When the red was removed, his body immediately began twisting and distorting. We determined for several persons the colors needed to attract or repel their bodies by the colored light source. When the right two colors were combined the body would be still. We believe these colors are the required combination of chromatic vibrations which allows the body to become whole and balanced. Color is food for the subtle body; breath is food for the physical, mental, and emotional bodies; and sound is food for the spiritual body. This lecture demonstrated many avenues for the study of color healing and balancing.

The Joy Lake program generated other ideas:  
Following a crystal healing. . . 1. A soft, loving massage may help bring the body together in its revised (healed) form; 2. Better eating habits should be developed for each "new" body. Megavitamins are suggested to promote healing; 3. Have the person slowly drink 5 or 6 glasses of water; then 4. Rest completely for 6 to 8 hours.

In these sessions we stressed the four-sided doubly-terminated healing crystal and the application and use of the meditation crystal. We recommend that all interested persons learn to use a four-sided healing crystal before advancing to the more complex multi-faceted healing crystals.

We found eight days insufficient to thoroughly digest the intense information and clear the body of preconceptions; future programs will span a longer time period. All sessions were recorded on cassette tape and videotaped, soon to be edited and offered as a study course in Transformation Healing.

Each individual attending the Joy Lake Masters Program experienced moments of crisis and decision making, producing an outpouring of personality and culminating in an intense desire to share and give of self. The term "Transformational Healing" is aptly stated when the change in appearance and vibration of a body can be felt and observed. This is only a fragment of the Joy Lake experience. We thank all of you who made this possible and look forward to an expanded program in 1985.

## Program Comments:

Looking back on my arrival at Joy Lake and reflecting on my inhibitions and reluctance to share living quarters as well as my deepest thoughts and feelings, it is difficult to describe the transformation that took place in one short week.

The direction of my life has taken a complete turnaround. It is as though yesterday I was a spiritual child and today I am an adult. And it was accomplished so suddenly!

Marcel and Bob threw open the doors to my soul and turned on the light. I saw the light and realized how much more there is to life than what I had been doing. I am marching to a different drummer, so to speak, and I am excited!

The floodgates to my heart's mind have been opened and the love and energy flowing through I feel is God's desire to heal and create, using me as a channel. I do lovingly accept this responsibility and look forward to sharing it with everyone.

-- Joyce Anna Hayward

As innovative and helpful as my work has been for the last twenty-two years, I was often frustrated by the limitations of my structure. At times the sense of insufficiency verged on despair, the kind of existential despair all of us experience at one time or another.

My time at Joy Lake provided me with a paradigm shift, the whole restructuring of my perspective of the world. The theory, the research, the practice, all provided me with a reality I could not refute. I am at times cautious about the excitement I am feeling and quite amused at my exuberance. I have been trying to temper these feelings and to be more blase about the whole thing; it has been very hard dimming the glow I feel through me.

What I would like to do now is use my skepticism in a healthy way. I am planning to ground the magic I have experienced. I have this deep knowing that I have turned a major corner in my life and that in front of me is this limitless universe.

-- Marcelle Kardush





# QUESTIONS & ANSWERS on How to Use the Crystal

Q. Why do some people collapse during a healing or become extremely tired?

A. The human body is held together by a series of subtle energy bodies or fields which hold the psychic blockages that adversely affect health. If all these blockages are removed in one treatment session, nothing is left to sustain form. . . so the body drops. (It may therefore be prudent to have the patient sitting down during treatment.) When this occurs, hold the hand on the base of the neck of the patient and begin deep breathing in unison until the patient's subtle bodies are charged and strengthened through the deep breathing. This may take several minutes. To avoid fatiguing the patient, limit healings to one every other day. The fatigue results from the body's efforts to reset and heal itself using the charge contained in the body. If a person cannot maintain his charge, he becomes tired. Either have the patient do deep breathing or have him wear a small crystal, tip upward, over the thymus to maintain his charge.

Q. How do you remove the adverse effects of metal poisoning?

A. Link to the patient with the crystal. Have the patient draw in breath, hold the image of releasing himself from the adverse effects of the metal, and execute the procedure described in the last Newsletter. This same technique can be used to release unwanted vibrations from nuclear radiation, X-ray exposure, or gamma rays. All these vibrations are stored in body fluids, tissue, and bone. We believe that therapeutic intervention with the crystal can eliminate side effects from these radiations and prevent damage to healthy tissue.



## Isolating and Shielding a Witness

In the practice of healing the subtle body, the measurement of vibration is the primary difficulty. We remove unwanted vibrations from the subject being measured. The most effective means to eliminate these spurious radiations is by the use of a bulk demagnetizer to degauss the surface upon which one is attempting to establish a rate or vibration. We have found that the vibrations that are released by the mind are sensitive to alternating magnetic fields such as those utilized in bulk demagnetizers. We have taken samples of pure water in a test tube, held in the hand while charging, and obtained the rate of this vibration. When we subject the test tube with the water to a bulk demagnetizer, we find that the water comes down to a repeatable fundamental rate of 455. The same removal of charge was accomplished by the individual who held the water.

What was said for water we find to be equally true in a quartz crystal cut to the shape of the healing crystal. A crystal which is demagnetized by holding a bulk demagnetizer in one's hand or by pulsing one's breath with intention to release the charge, gives a fundamental vibration of 455, plus or minus 5 units. Focusing one's intention of love and well-being into the crystal obtains a much higher vibration level.

When one links to another individual through the crystal, the vibrational rate increases by the addition of that person's vibration. When you as an operator focus on the witness area of a subject's body, energy will be drawn in and out of the crystal, but will not affect your vibration. Healing done with a crystal in the hand of a trained operator affects the patient's life energy and external sources but not the operator's. For this reason you are shielded from psychic and energetic depletion and from an attachment to the vibrations that are being released by the person under treatment.

In the healing of an individual suffering from deep emotional and traumatic experiences it is recommended that treatment be concluded by the individual's being given a glass of water. The treated person should then project his thoughts of love, well-being, and state of health, and continue to think these thoughts as he slowly drinks the water.



## NEW BOOKS

FRABAPO THE MAGICIAN, by Franz Barodi. Published by Dieter Ruggeburg, Verlag D-5600, Wuppertal, West Germany.

This is a discussion of animal magnetism and its presence in living and non-living bodies. The book is narrative in style yet gives the reader the opportunity to experience some outward manifestations of these forces. It will help you understand how people express themselves living in a body. In reading books of this type, try to elicit fragments of teaching that give insight to a higher level of understanding. For example, on page 196, Barodi says, "In order to find yourself, you must leave yourself and then return to yourself transformed. You must sacrifice your small eye in order to find your great eye. You can only achieve this by yourself."

ANCIENT MYSTERIES, MODERN VISIONS (The Magnetic Life of Agriculture), by Philip S. Callahan. Published by Acres U.S.A., P.O. Box 9547, Kansas City, MO 64133.

This book suggests do-it-yourself experiments concerning carborundum round towers and their paramagnetism. Its practical experimentation and enlightening discourse open a better understanding of the subtle forces that surround physical bodies. Try substituting crystals, especially healing crystals, for the round towers. Can you achieve similar results? Get the book, try the experiments, and let us know how they turn out.

THE MIND OF THE CELLS (Willed Mutations of our Species), by Satprem. Published by Institute for Evolutionary Research, 200 Park Avenue, New York, NY 10166.

This piece was written by a Jewish man who survived the Holocaust. It is a discussion of the human being as a crystal. Satprem explores how beings evolve through the various states of consciousness, allowing the reader to see himself in a new light. The author suggests that all life is contained within the body of the individual and that when we develop the ability to see ourselves properly, we become One with the Universe. This book will help develop love and respect for the unity of the spirit, mind, and body. It leaves one considering that it is what one thinks that brings one's body into either the space of awakened and full realization, or to decay and loss of understanding. When you read books of this kind, underline the significant statements, re-read, then put your thoughts into a notebook. Observe the rapidity with which you grow in spirit, mind, and body.

MAN, MINERALS, AND MASTERS, by Charles Littlefield, M.D.. Published by Sun Books, Sun Publishing Company, Albuquerque, NM.

Republished by Sun Books, this volume gives a set of experiments on how to act with mind on cell salts dissolved in water to produce images of one's thoughts. Under the microscope, we see geometric forms, faces, and alphabets, all products of the mind of man, interacting with matter to bring geometric forms into being.

THE NEW VIEW OVER ATLANTIS, by John Mitchell. Published by Harper & Row, 10 E. 23rd St., New York, NY 10022

If this book doesn't open up your mind, nothing will! It delves into the ancient science of Gematria, the study of the numerical qualities of geometric shapes, sounds, and words. Combined, these measurements of Gematria provide a deeper meaning to the realms of music, shape, and the written word. This pattern of thinking is the critical part of the teaching of the Hebrew Kabbalists. One of the great evolutions in thinking along these lines is the emergence of the geometric symbolism of structures. Structures may appear very simple at first, but look again. For example, on page 158, Mitchell relates the dimensions and geometry of the Great Pyramid to the number of fusion (1746). This is a sacred number. Were the ancient engineers practicing sacred engineering? Are we presently neglecting this ancient wisdom? This book will excite you into observing architecture and ancient structures in a new light.

(NOTE: The healing crystal is made according to the sacred engineering data contained in books like Mitchell's.)



# PROGRAMS AND SUBSCRIPTIONS

The P.R.I. Newsletter is a guide to the technology, the ideas, and the people who are developing our programs. This issue contains several experiments. Future issues will deal with more specific projects. The data you provide from your experiments will be accumulated and summarized; you will receive the report(s). These programs will have instructions and sometimes, for a nominal fee, work kits containing needed equipment.

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