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STERIODS: A beginner's guide to testosterone enanthate & my experience so far

Thread Modes



modified Banned

Posts: 5,034  
Threads: 191  
Joined: Jul 2015

05-06-2016, 03:38 AM (This post was last modified: 05-08-2016, 12:01 AM by modified.)

#1

**What to get**

The testosterone you want is testosterone enanthate 250 mg/mL. Find a supplier on eroids in your country with good reviews. Google them to see if people are talking a lot of shit about them. Then see what brands test-e they carry. Google those and find one that is reputable.

You'll need needles. You can buy those at medical supply stores (just tell them you are a diabetic if you feel the need to explain). You want 1 mL or 3 mL syringes with 1" 25 gauge needles. Get some alcohol wipes to sterilize where you inject first.

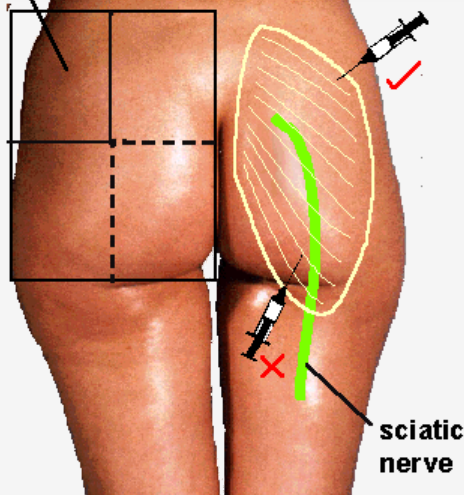
**How to inject**

Wipe the lid of the vial with an alcohol wipe. Pull back the syringe to the amount you intend to draw up (eg. 1 mL) and stick the needle in the vial. Shoot that much air into the vial and draw up the amount you want. You will get air as well. Just keep shooting the air back into the vial and drawing back until you actually have the right amount of roids.

Wipe a spot on your ass with alcohol. You can inject into the muscle (IM or intramuscular) or into the fat (SC or subcutaneous). Most people do IM. If you're doing that, you need to inject into safe spots to not hit a nerve. In the ass, that's the upper outer aspect:

quadrant for

injections



sciatic nerve

I just switched to subcutaneous because too much IM inject will scar the muscle overtime and IM is more painful. For some reason most people don't do SC. For SC, just pinch up an inch of fat and inject direct into that fat (ie. 0.5" deep).

**How much to inject**

I suggest starting at 250 mg (1 mL) once a week. This is a safe and basic dose that should give you much higher test levels than average unless you are starting with Chadtier genetics.

After a few weeks, bump it to 187.5 mg (0.75 mL) twice a week (ie. 375 mg per week). This will be the most that most guys need. If you are <150-160 lbs, I can't see you ever needing more.

If you still don't feel that's enough go to 250 mg (1 mL) twice a week. I tried this just one week and it was way too much for me so I stepped it back down. I think this is more a dose for guys who are 180-200 lb+.

**Adding HCG**

I just ordered some HCG to add to my injections. The point of HCG is to stimulate your testicles so they don't atrophy. I think I am already noticing some degree of atrophy after a few weeks so that should resolve that. Going to have to play with the dose before I can comment.

**What to expect**

Testosterone is amazing. Really amazing. When your levels are up, your mood is up. You will feel confident and self assured. I haven't been depressed at all since starting test except when I've let my levels drop back down too low.

Sex drive will double or triple at first, but after a few weeks, I found I got used to it and learned to ignore it. Masturbating >2-3 x/day is a waste of time and energy. I am keeping it to 1-2 x/day and doing okay. Erections are harder. It's much more effective than Viagra/Cialis for this. Plus Viagra gives me headaches and Cialis gives me heartburn like crazy.

You will need to be on something to protect your hair unless you have amazing genetics. I have been regrowing hair for 4 months on RU+minox. Test-e is challenging my follicles. When I went up to 500 mg per week, I definitely noticed increased itching and shedding. I also noticed some increased acne at 500 mg/week.

Hair loss is seriously the only reason I can think of not to do this stuff. Hair is life. I love test-e, but I may end up having to stop it if I can't be sure I'm tolerating 250-375 mg per week.

Too high a dose test will also make you feel wired as fuck. Your heart will pound. Your mind will race. You feel warm. Your muscles will get tense. You will want to fuck ANYTHING/EVERYTHING. It's not a good thing. Too hard to relax.

As far as body building goes, it's too early for me to comment, but you will definitely find you recover much faster after working out while on it in any quantity.

**Final thoughts**

Testosterone is awesome. It's definitely my favorite mood/mind/body altering chemical (along with my beloved RU). If I can't stay on it due to hair issues I will be severely disappointed. I just ordered a few extra vials. Even if I

ie. One use would be if I was going to buy a sugar baby, or series of hookers, I would shoot 500 mg a week for nothing else, shoot 500 mg, and fuck them like a madman until I have a heart attack. Or just periodically if I'm feeling depressed, shoot 250 mg for a little boost.

Highly recommended. It will make you more confident and self assured. It should give you a better body. Done safely with good gear, low-moderate doses, and a healthy body (no heart problems, etc) it should be pretty safe long term.

It's a pretty high yield and easy lifemax, and if you're trying to get an edge in life, it's definitely worth a shot.

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LooksMoneyStatus Super Poster



Posts: 1,022  
Threads: 72  
Joined: Mar 2016  
Reputation: 800

05-06-2016, 03:40 AM

#2

i think the hairloss is caused by increased DHT conversion from increased Test. Why not counter that with Finasteride?

mass-action is the cure-all

you're cool

StraxcitysGod wrote: Wrote: →

(09-01-2015, 07:34 PM)

Physique is one of the things everyone should have. Even Lachowski is somewhat defined. It's not the most important thing, but it's a basic, and if you're neglecting it then you're not serious about being the best you can be:

Good tan, Good hair, White, straight teeth, Great body, Clear skin  
You can't pick and choose. If you're serious, you should be attaining them all.

<<<====LEGIT CAPS LOCK CREW SOLDIER====>>>

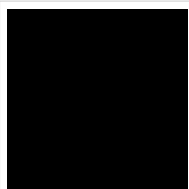
Young? Read about my mistakes so you wont make them.

Old? Read about how to recover.

I'm an Oldcell and this is my official COPE thread. (updated 17/05)

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05-06-2016, 03:45 AM (This post was last modified: 05-06-2016, 03:47 AM by modified.)

#3

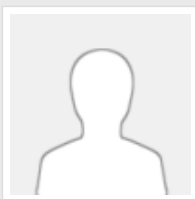
LooksMoneyStatus Wrote: →

(05-06-2016, 03:40 AM)

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It doesn't work on me. Neither fin nor dut reduce my DHT one bit. I'm resistant to them. Tested DHT levels on both with no change. That's why I switched to RU.

Average guys definitely should use fin/dut, and I would say use those WITH RU as well.



**asiancel**  
Godlike Poster



Posts: 10,054  
Threads: 141  
Joined: Mar 2016  
Reputation: **2,240**

05-06-2016, 03:47 AM

#4

what level ensures you won't fuck up your natural production?



**modified**  
Banned

Posts: 5,034  
Threads: 191  
Joined: Jul 2015

05-06-2016, 03:48 AM (This post was last modified: 05-06-2016, 03:49 AM by modified.)

#5

**incelsNeed2die Wrote:** →

(05-06-2016, 03:46 AM)

**modified Wrote:** →

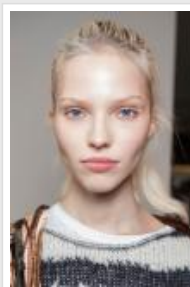
(05-06-2016, 03:45 AM)

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Did you get a legit prescription though or was the 'fin' from some chinese pharmacy site?

Legit. They're not controlled substances. Easy to get from doctors. Even switched from generic dut to brand name dut no diff. I've seen a couple other people online have the same problem. Probably a variant 5-alpha reductase enzyme that can't be blocked by these things. Genetic anomaly.



**merlina**  
Senior Member



Posts: 861  
Threads: 179  
Joined: Feb 2016  
Reputation: **310**

05-06-2016, 03:52 AM

#6

**modified Wrote:** →

(05-06-2016, 03:45 AM)

**LooksMoneyStatus Wrote:** →

(05-06-2016, 03:40 AM)

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If using RU to block the androgen receptor then what's the point in injecting test

Testosterone binds to it too

"Aged? But he does not appear aged, just look, his hair has remained young!" —Marcel Proust (In Search of Lost Time, 1913-27)

amogking Wrote: →

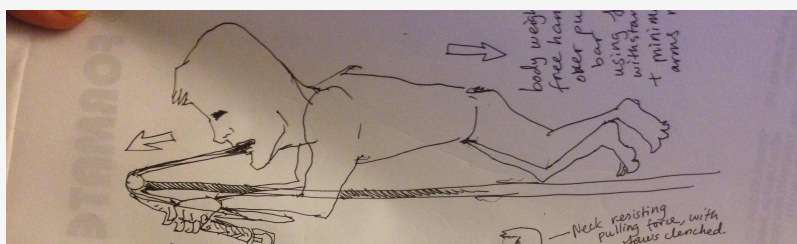
(06-10-2016, 06:42 PM)

Baptiste Giabiconi Wrote: →

(06-10-2016, 06:30 PM)

Virgin

Usually when people talk \*\*\*\*, I just brush it off, but now, it's gone a little to far. Assclown, you talk as you know me but in reality you don't know \*\*\*\* about me. I'm guessing you've never been in a situation involving a real live thug that was born and raised in the ghetto/hood(me). Yes i've turned my life to good, but i will throw all that out the window if you continue to talk \*\*\*\* about me. I've killed a few people back in my banging days and Just remember next time before you open your mouth, you better be praying that i'm in a good mood, or else you'll be in for a rude awakening when the thug in me unleashes.



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RealRob ● Super Moderator



Posts: 10,373  
Threads: 1,128  
Joined: Jul 2015  
Reputation: 6,222

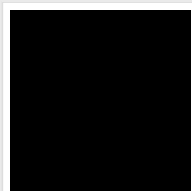
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05-06-2016, 03:52 AM

#7

Yes good stuff. I keep telling them but they are too high inhibition to inject.

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Posts: 5,034  
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Joined: Jul 2015

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05-06-2016, 04:02 AM

#8

merlina Wrote: →

(05-06-2016, 03:52 AM)

modified Wrote: →

(05-06-2016, 03:45 AM)

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How did you find Dut and fin weren't working? Are you DHT levels elevated?

I spent 1 year on fin and noticed by the 10th month my hair was clearly worse than when I started. I panicked and started dut. Again by the 10th month I noticed my hair was clearly worse than when I started. I started spending hundreds of hours reading about the science of hairloss, etc. to figure out what was going on. I decided to get my DHT levels checked. The average guy on dut gets suppression of DHT by 95% compared to baseline. ie. Their DHT levels are almost unmeasurable. Mine were in the upper normal range. I tried going off the dut and checking, and levels remained the same. I tried fin, the same. I tried switching brand to generic, the same.

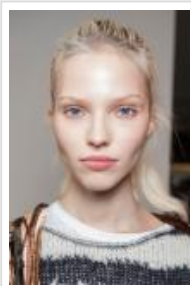
So yeah, those meds don't work for me, but RU does beautifully. Once I found RU my life was back on track.

Very little RU gets absorbed in the body. 99% of what does get absorbed gets broken down instantly into inert molecules with no effect on the body. Only 1% of the breakdown product acts as a systemic anti-androgen. Based on the amount I apply daily, how little absorbs, and how little of what absorbs matters, I have never noticed any side effects from RU.

It definitely doesn't counteract roids. Everyone on roids should use it, even if you're already on fin/dut, for added protection.

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merlina Senior Member



Posts: 861  
Threads: 179  
Joined: Feb 2016  
Reputation: 310

05-06-2016, 04:06 AM

#9

modified Wrote: →

(05-06-2016, 04:02 AM)

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(05-06-2016, 03:52 AM)

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The androgen hypothesis of balding is almost certainly wrong

Case reports of old men with very high androgen receptor content in the scalp but no balding, and also reports of a female with androgen insensitivity syndrome who went bald

Imo a theory would need to explain hairloss in both men and women

amogking Wrote: →

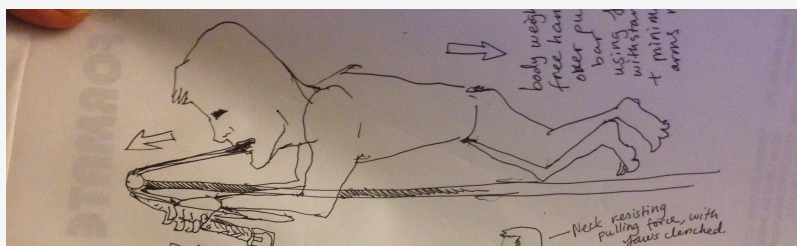
(06-10-2016, 06:42 PM)

Baptiste Giabiconi Wrote: →

(06-10-2016, 06:30 PM)

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05-06-2016, 04:08 AM (This post was last modified: 05-06-2016, 04:09 AM by modified.)

#10

merlina Wrote: →

(05-06-2016, 04:06 AM)

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The ONLY way I will ever go bald since going on RU+minox is if I roid too aggressively. Otherwise I am 100% confident I will have a thick head of hair on this shit at 70 years old.

Find

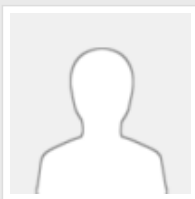
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05-06-2016, 04:12 AM

#11

Never knew you can pin steroids sub q...

IM injections were scary as shit. Needle going through half of my quads



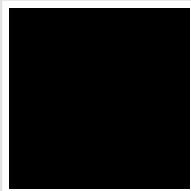
Tommy Riordan

Senior Member



Posts: 990  
Threads: 305

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**modified**  
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Posts: 5,034  
Threads: 191  
Joined: Jul 2015

05-06-2016, 04:14 AM (This post was last modified: 05-06-2016, 04:15 AM by modified.)

#12

**RealRob Wrote:** →

(05-06-2016, 03:52 AM)

Yes good stuff. I keep telling them but they are too high inhibition to inject.

Thanks again for the pointers on the subcutaneous injection. It's so much more comfortable. Muscle was always sore for 2 days after IM injection.

Thanks also for the pointers on HCG.

For guys on the forum, I think most of the hesitancy centers around several points:

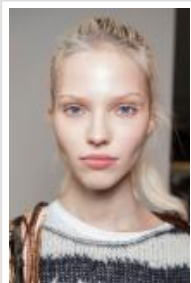
- You need money to order it. This shit isn't free.
- You need to be comfortable with ordering illegal substances online from shady dealers and not knowing what's in them for sure.
- You need to receive it in the mail. Many people here live with parents who might open their mail.
- You need to stick needles into yourself (really not a big deal, but I could see people thinking it's one).

etc.

A lot of these guys are afraid that if they take one pill of finasteride their dick will fall off. This is too much to expect for most.

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**merlina**  
Senior Member



Posts: 861  
Threads: 179  
Joined: Feb 2016  
Reputation: 310

05-06-2016, 04:18 AM

#13

**modified Wrote:** →

(05-06-2016, 04:08 AM)

**merlina Wrote:** →

(05-06-2016, 04:06 AM)

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It's not the full picture

Minox doesn't even affect androgens

Castration doesn't reverse male pattern baldness, but benaxoprofen does

"Aged? But he does not appear aged, just look, his hair has remained young!" —Marcel Proust (In Search of Lost Time, 1913-27)

**amogking Wrote:** →

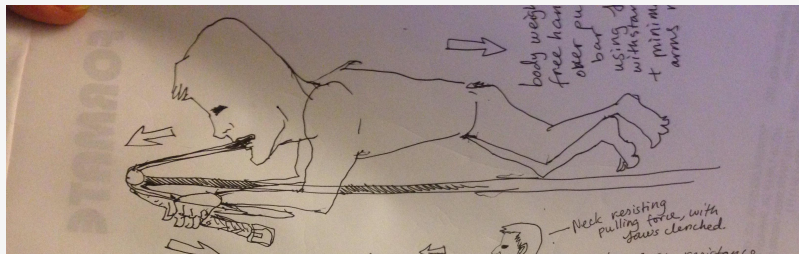
(06-10-2016, 06:42 PM)

**Baptiste Giabiconi Wrote:** →

(06-10-2016, 06:30 PM)



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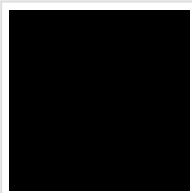


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05-06-2016, 04:25 AM (This post was last modified: 05-06-2016, 04:33 AM by modified.)

#14



**modified**  
Banned

Posts: 5,034  
Threads: 191  
Joined: Jul 2015

**merlina Wrote:** →

(05-06-2016, 04:18 AM)

**modified Wrote:** →

(05-06-2016, 04:08 AM)

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Read some shit from guys like Swiss Temples. They explain the whole process. They're who I learned from. Basically it's:

- Androgens trigger the cascade.
- Good prostaglandins get downregulated.
- Bad prostaglandins get upregulated.
- Inflammation occurs.
- Inflammation and hostile environment causes hair to miniaturize and fall out.

Minoxidil works to stimulate growth by promoting good prostaglandins. But if you don't stop the androgens at the source, you're fighting a losing battle. Some guys get regrowth just from stopping the androgens. Most need some prostaglandin and stem cell stimulation to regrow.

I bought a derma needler like Swiss uses to add further stem cell stimulation for regrowth, but I haven't got around to using it.

I look at it like this:

- RU turns off the red light.
- Minox turns on the green light.

Winning combination.

Never heard of benoxaprofen. Thanks. I'll look into ordering some powder and adding it topically.

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21 captures

9 May 2016 - 5 Oct 2019



**merlina**  
Senior Member



Posts: 861  
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Reputation: **310**

**merlina Wrote:** →

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On the plus side it reversed baldness

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**amogking Wrote:** →

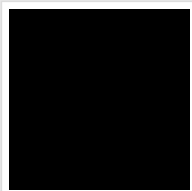
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**modified**  
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Posts: 5,034  
Threads: 191  
Joined: Jul 2015



05-06-2016, 04:44 AM (This post was last modified: 05-07-2016, 12:30 AM by modified.)

#16

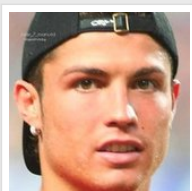
**merlina Wrote:** →

(05-06-2016, 04:38 AM)

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Looked into this more and it's not a good treatment. There is a 3% chance of hypertrichosis (hair growth) as a side effect of it's use. Those guys that regrew hair were probably that 3%. 97% of people probably won't benefit.



**OnTheRun**  
Mega Super Poster  
★★★★★

Posts: 2,137  
Threads: 201  
Joined: Sep 2015  
Reputation: **925**



05-06-2016, 05:39 AM

#17



Nice

**Iono Wrote:** →

(07-03-2016, 01:20 AM)

It's my high fwhr that allows me to be honest about these feelings. Like I said there's nothing gay about being attracted to a pretty boy. Everyone feels it. They have this sweet, cuddly vibe that makes you want to be around them and protect them. They have an overflowing warmth that just envelops you bro

**Invisible Wrote:** →

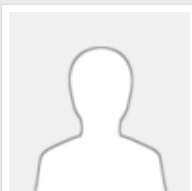
(07-03-2016, 01:27 AM)

female hypergamy, SMV, 2016, Tinder..... well done. You've made things like prison OUTSIDE of prison.

BTW there was this Asian guy at work...

recessed midface, chubby af but there was just something about him. i didn't wanna fuck him, but it was just ...like I felt like a giddy girl around him. His skin was softlooking and the perfect complexion. NW1 black hair. <3

I want a gf though.



**Married Oldcell**  
Senior Member  
★★

Posts: 821  
Threads: 2  
Joined: Jan 2016  
Reputation: **275**  
Dates: 4  
Kisses: 4  
Slay Count: 2  
Relationships: 2



05-06-2016, 05:41 AM

#18

What is RU?





**RealRob**  
Super Moderator



Posts: 10,373  
Threads: 1,128  
Joined: Jul 2015  
Reputation: **6,222**

modified wrote: →

**RealRob Wrote:** →

(05-06-2016, 03:52 AM)

Yes good stuff. I keep telling them but they are too high inhibition to inject.

Thanks again for the pointers on the subcutaneous injection. It's so much more comfortable. Muscle was always sore for 2 days after IM injection.

Thanks also for the pointers on HCG.

For guys on the forum, I think most of the hesitancy centers around several points:

- You need money to order it. This shit isn't free.
- You need to be comfortable with ordering illegal substances online from shady dealers and not knowing what's in them for sure.
- You need to receive it in the mail. Many people here live with parents who might open their mail.
- You need to stick needles into yourself (really not a big deal, but I could see people thinking it's one).

etc.

A lot of these guys are afraid that if they take one pill of finasteride their dick will fall off. This is too much to expect for most.

No problem.

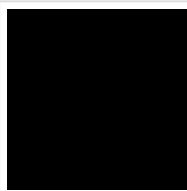
I would like to again emphasize checking your blood atleast every 4-5th month to see if things stay good. Testosterone is safe for sure but there are things which can get out of control with higher doses: e2, hematocrit, "good and bad" cholesterol and keep an eye on your blood pressure.

Do that and make sure they stay good, and you can use it forever if you so like. I would however assume that levels above 250 (or even above 200) will eventually make your hematocrit rise to unhealthy levels, you fix that by donating blood a couple a times a year, usually only takes some minutes to do really and it doesnt hurt at all.

Use privatemedlabs to check your blood.

If things get out of control at 250-300mg, it doesnt neccesarilly mean you have to get off it all completely (which would suck donkey dick), just lower your dose to 200 and see what happends with the blood - even 150mg a week will usually put you above 1000ng/dl, often around 1200, which is much much better than your random natural 500-600ng/dl.

I would also like you to pay attention to the way people respond to you, my bet is that men will start to "respect" you more and probably take more notice of you when you have very high T levels, always good in buisness etc.



**modified**  
Banned

Posts: 5,034  
Threads: 191  
Joined: Jul 2015

05-07-2016, 12:24 AM (This post was last modified: 05-07-2016, 12:29 AM by modified.)

#20

@**RealRob** good points. Yeah we need to get those things checked up on.

What are you doing with your used needles btw? I'm just saving them in a pile. Everything's capped so safe.

**Married Oldcell Wrote:** →

(05-06-2016, 05:41 AM)

What is RU?

RU58841 is an experimental antiandrogen developed in the 1990s for anti-acne and anti-hair loss topical applications. It is 99% broken down to inert compounds as soon as it hits your blood so has minimal side effects on the body.

The rights to it have traded hands between a bunch of companies over the years. None of them have brought it to

21 captures

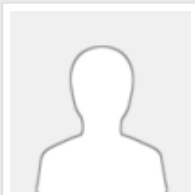
9 May 2016 - 5 Oct 2019

solution long term, so would not do well sitting on a shelf in a pharmacy waiting to be used. (2) If a pregnant woman came in contact with it eg. by running her hands through her husband's hair, it would be used to oblivion. possible it could fuck up the baby and the company selling it would be sued to oblivion.

I buy it from Kane and mix in daily in dipropylene glycol and ethanol with some minoxidil powder. Apply to scalp with dropper.

Find

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amogking Super Poster



Posts: 1,448  
Threads: 208  
Joined: Nov 2015  
Reputation: 190

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05-07-2016, 01:59 AM

#21

thanks for this

Anonymous 07/23/15(Thu)11:29:26 No.33437869

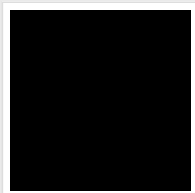
Maybe she just knows someone bigger than you

I was in the same position than you a few years back. I wanted a girl, started lifting for her while other dudes were fucking her, got fit, got big, asked her for a date, she said no. What was my decision? To get even bigger, 185cm and 120kg to be more precise.

I asked her again to go on a date with me. Her answer? Still no but i was so big that i was able to rape her and threat all her family if she ever told the police about it.

When God closes you a door he also opens a window. Sometimes the more obvious solution is not the best one

Reply



modified Banned

Posts: 5,034  
Threads: 191  
Joined: Jul 2015

Find

05-07-2016, 04:18 AM (This post was last modified: 05-07-2016, 04:23 AM by modified.)

#22

I just found a good formula for finding your minimum weekly testosterone dose for fast results.

<http://www.ncbi.nlm.nih.gov/pubmed/17530941>

In this study, young men were given testosterone enanthate at a once weekly dose of 3.5 mg/kg body weight. This dose was enough for statistically significant increases in strength by only 3 weeks into the study and size by 6 weeks.

For me, weighing around 65 kg, my equivalent weekly dose based on this formula would be 3.5 \* 65 = 227.5 mg.

So like @RealRob was saying above, you really don't need to inject much per week to get your levels up to beneficial levels.

Guys on body building sites are all doing ~500 mg/week, but I've become convinced those doses are excessive (unless perhaps you're a 6'+ monster going for 220 lb 8% bf).

For the average guy, ~250 mg/week is probably plenty. But you can work out exactly what you'd need for these sort of results by multiplying your weight in kg by 3.5.

Reply



Currycel Not a real Indian



Posts: 1,522  
Threads: 195  
Joined: Jun 2015  
Reputation: 495

05-07-2016, 04:26 AM

#23

From my understanding steroids make you age which is even worst than balding. Have you noticed this? You should keep an eye out and report. I would do it but my skin is already pretty old looking and wouldn't want to look even older

Also I'm also resistant to dht and at this point just decided to give up on hair and get a hair piece when I loss more hair



**ethnikcel**  
Banned

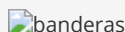
Posts: 1,776  
Threads: 121  
Joined: Apr 2016

Find

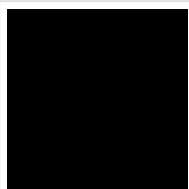
SOMEONE INJECTING TESTOSTERONE IS SPENDING TIME MAKING A GUIDE FOR OTHERS TO FOLLOW HIM? HE IS STILL SPENDING THE MAJORITY OF HIS TIME ON AN INTERNET FORUM?

JUST FUCKING LOL AT INCELS TAKING ROIDS.

INSTEAD OF GROWING A PAIR OF NUTS, YOU'LL BE GROWING A PAIR OF TITS.



Reply



**modified**  
Banned

Posts: 5,034  
Threads: 191  
Joined: Jul 2015

Find

05-07-2016, 04:31 AM (This post was last modified: 05-07-2016, 04:35 AM by modified.)

#25

**Currycel Wrote:** →

(05-07-2016, 04:26 AM)

From my understanding steroids make you age which is even worst than balding. Have you noticed this? You should keep an eye out and report. I would do it but my skin is already pretty old looking and wouldn't want to look even older

Also I'm also resistant to dht and at this point just decided to give up on hair and get a hair piece when I loss more hair

I don't think it's true testosterone makes you age. Men generally have better aging resistance than women. And if you look google for "testosterone wrinkles" you'll almost exclusively find results about LOW testosterone causing wrinkles. I can't find anything scientific suggesting higher testosterone should cause wrinkles.

If I thought higher test would make me look older I'd consider dropping my dose. But I haven't found any convincing arguments for that at all.

If there's any anecdotal association between roids and aging it's probably more likely related to the fact that most guys who do roids are low inhibition and probably have other low inhib behaviors like smoking/drugs/tanning/alcohol/etc which WILL age you faster.

**ethnikcel Wrote:** →

(05-07-2016, 04:31 AM)

SOMEONE INJECTING TESTOSTERONE IS SPENDING TIME MAKING A GUIDE FOR OTHERS TO FOLLOW HIM? HE IS STILL SPENDING THE MAJORITY OF HIS TIME ON AN INTERNET FORUM?

JUST FUCKING LOL AT INCELS TAKING ROIDS.

INSTEAD OF GROWING A PAIR OF NUTS, YOU'LL BE GROWING A PAIR OF TITS.

Why are you so high inhib about roids? You constantly talking about gynecomastia and estrogen is like guys talking about their dicks falling off from finasteride.

It's just stupid fear mongering.

Reply

05-07-2016, 04:36 AM

#26

**modified Wrote:** →

(05-07-2016, 04:31 AM)

**Currycel Wrote:** →

(05-07-2016, 04:26 AM)



**ethnikcel**  
Banned

Posts: 1,776  
Threads: 121  
Joined: Apr 2016

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**ethnikcel Wrote:** →

(05-07-2016, 04:31 AM)

SOMEONE INJECTING TESTOSTERONE IS SPENDING TIME MAKING A GUIDE FOR OTHERS TO FOLLOW HIM? HE IS STILL SPENDING THE MAJORITY OF HIS TIME ON AN INTERNET FORUM?

JUST FUCKING LOL AT INCELS TAKING ROIDS.

INSTEAD OF GROWING A PAIR OF NUTS, YOU'LL BE GROWING A PAIR OF TITS.

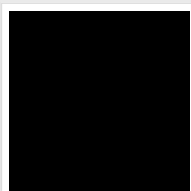
Why are you so high inhib about roids? You constantly talking about gynecomastia and estrogen is like guys talking about their dicks falling off from finasteride.

It's just stupid fear mongering.

OKAY. I AGREE WITH YOU ON THAT. BUT HERE'S MY REAL QUESTION: WHY ARE YOU STILL LURKING ON AN INTERNET FORUM IF YOU'RE ROIDING? ISN'T IT SUPPOSED TO IMPROVE/CHANGE YOUR LIFE?

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**modified**  
Banned

Posts: 5,034  
Threads: 191  
Joined: Jul 2015

05-07-2016, 04:46 AM (This post was last modified: 05-07-2016, 04:52 AM by modified.)

#27

**ethnikcel Wrote:** →

(05-07-2016, 04:36 AM)

OKAY. I AGREE WITH YOU ON THAT. BUT HERE'S MY REAL QUESTION: WHY ARE YOU STILL LURKING ON AN INTERNET FORUM IF YOU'RE ROIDING? ISN'T IT SUPPOSED TO IMPROVE/CHANGE YOUR LIFE?

No one except an idiot would pretend steroids are some magic potion that 3 weeks after you start injecting will make you grow 5", develop a square jaw, make you 20 pounds bigger, and 5% lower body fat, etc.

I described the benefits as I have experienced them so far in my OP. Mostly it's been:

- greater sense of confidence and well being
- improvement in mood
- increase in sex drive
- faster workout recovery

It gives you a boost compared to what you were before. But it's not magic.

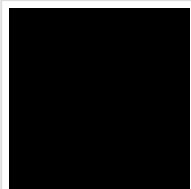
In 3-6 months I'll likely have a much nicer body which will bump me up maybe 1 point in total attractiveness. There's no real downside to doing it except the small pain of injecting. So why not?

You seem to be under some impression that there is some amazing fantasy life waiting for us out there if we improve enough. But there isn't. Life is whatever you can make of it.

what about you?

Find

Reply



modified  
Banned

Posts: 5,034  
Threads: 191  
Joined: Jul 2015

05-07-2016, 05:29 AM (This post was last modified: 05-07-2016, 05:32 AM by modified.)

#28

@Currycel - Looked for studies on collagen and testosterone and can't find anything convincing. Here's a quote from one doctor about testosterone and aging though:

*"Men have a very gradual decline in testosterone (also a collagen supporter) as their gonads do not have a programmed retirement; **this helps them maintain their bone density, muscle strength, even experiencing less wrinkling compare to same aged women** for whom Mother Nature has relieved reproductive duty. It's an unfair advantage, and it can put women out of sync with men... a potential problem on many levels."*

<http://www.huffingtonpost.com/rebecca-bo...09969.html>

So that doctor is again suggesting that testosterone is anti-aging.

The only downsides to extra testosterone I can find are:

- 1) **Balding** - Discussed extensively above.
- 2) **Cardiac hypertrophy** - What probably killed Zyzz. Haven't researched this too much, but doesn't seem to be a real risk at low doses of just test-e. Zyzz was taking a shitload of strong roids. Test-e is pretty mild and has been heavily studied at 200 mg weekly as a male contraceptive. It was found to be safe at this dose for at least up to 6 months:

<http://www.nature.com/nrendo/journal/v2/...t0069.html>

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cherubicCheeksofChr  
ist  
Member

Posts: 51  
Threads: 3  
Joined: Jan 2016  
Reputation: 20

05-07-2016, 12:57 PM

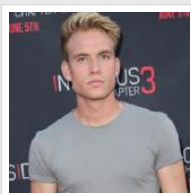
#29

this is a really sick and awesome thread

really quick but MINOXIDIL POWDER? are you telling me that you mix your own instead of buying it off the shelf pre made in th form of rogain or some generic?

Find

Reply



BlueBalls  
Monster Poster



Posts: 6,029  
Threads: 346  
Joined: Sep 2015  
Reputation: 2,612

05-07-2016, 01:30 PM

#30

Yeah roids are interesting, it might be worth the price, effort and potential side effects.

Hair loss, heart problems (I already have a weak heart) and aging (whether it's real) are the main things holding me back. Call me low-inhibition if you want but I'm the kind of guy who double and triple-check everything before I take the plunge.

I would be open to running a ~200 mg cycle over 4-6 months but I need to find a doctor that will help monitoring my blood.

If you run a cycle and then come off, will my hormone levels go back to normal, will my muscle mass remain and will I get depressed?

[Image: pZFaX5l.jpg]



http://lookism.net/Thread-STERIODS-A-beginner-s-guide-to-testosterone-enanthate-my-experience-so-far

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